

Yantis ISD

Local Wellness Policy Triennial Assessment Report Card

Date Completed: 2020

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Kristi Beech 903-383-2462 ext 106.

Section 1: Policy Assessment

Overall Rating:

{Score}

Ratings are based on a four-point scale to measure success in meeting/complying with each policy objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

Nutrition Promotion	Rating
Goal 1: Yantis ISD's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other settings.	{Select Score} 3
Goal 2: Yantis ISD will share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of the students.	{Select Score} 2
Nutrition Education	Rating
Goal 3: Yantis ISD shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors and shall integrate nutrition education into other areas of the curriculum as appropriate.	{Select Score} 2
Goal 4: Yantis ISD shall provide professional development so that teachers and other staff responsible for the nutrition education program are adequately prepared to effectively deliver the program.	{Select Score} 2
Physical Activity and Education	Rating
Goal 5: Yantis ISD shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.	{Select Score} 3
Goal 6: Yantis ISD shall provide appropriate staff development and encourage teachers to integrate physical activity into the academic curriculum where appropriate.	{Select Score} 3
Goal 7: Yantis ISD shall make appropriate extracurricular physical activity programs available and shall encourage students and District employees to participate.	{Select Score} 2
Goal 8: Yantis ISD shall encourage parents to support their children's participation, to be active role models, and to include physical activity in family events.	{Select Score} 2
Other School-Based Wellness Activities	Rating
Goal 9: Yantis ISD shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe and comfortable.	{Select Score} 3
Goal 10: Yantis ISD shall promote employee wellness activities and involvement at suitable district and campus activities.	{Select Score} 2

Policy Monitoring and Implementation	Rating
The superintendent shall oversee the implementation of the wellness policy and the development and implementation of the wellness plan and appropriate wellness procedures.	{Select Score} 2
The district shall comply with federal requirements for evaluating the wellness policy and plan.	{Select Score} 2
The district shall annually inform and update the public about the content and implementation of the wellness policy, including posting on its website copies of the wellness policy, the wellness plan, and the required implementation assessment.	{Select Score} 2

Section 2: Progress Update We have recently updated our wellness policy
 {Insert a narrative description of your progress.} to reflect needed changes and
 are moving toward completing the tasks
Section 3: Model Policy Comparison in which we are falling short.

Yantis ISD will compare the wellness policy with the TASB wellness policy checklist as well as comparing the wellness plan with those of surrounding school districts.

Local Wellness Policy Strengths

{Insert a narrative description.} We feel that our school is strong in the displaying
 of nutritional education materials and providing a clean and comfortable
 cafeteria for our students. We also feel we offer a variety of physical
Areas for Local Wellness Policy Improvement education opportunities for our
 {Insert a narrative description.} students and that our teachers
 utilize physical activity in the classrooms
 on a regular basis.

Comprehensiveness Score:
 {Score}

Our school needs improvement in a few areas. We are working on updating website postings. We will also strive to provide more physical activity opportunities/education for staff and once the COVID pandemic allows us, for families. We will also include more community and parental involvement after COVID restrictions lift.