

Yantis ISD

Cheerleader Constitution

Qualifications

1. Participants must be signed up by the given date.
2. All High School and Middle School students are eligible to participate as a Cheerleader as long as they have:
 - A. Accrued no more than (1) ISS referral in the current school year. AEP will disqualify a student from eligibility.
 - B. Has earned an overall average of 70 or higher for all classes each semester.
 - C. Maintain 90% Attendance.

Expectations

1. Cheerleaders should promote and assert school spirit.
2. Cheerleaders should demonstrate good sportsmanship.
3. Each individual should strive to maintain high standards and excellence in cheerleading and academics.
4. Cheerleaders should promote unity in all areas of the Yantis School District.
5. The cheerleaders should make a continuous effort to promote good relationships between Yantis ISD and other school districts.
6. Each cheerleader should be aware of the responsibilities required, and the commitment she is making to the Yantis School and the student body. This is a position of responsibility and representation that should not be taken lightly.
7. Each cheerleader should cooperate with the advisor, other members of the squad, faculty, administration and community at all times. Cheerleaders are assigned for a purpose, and their actions should reflect the squad's best interests.
8. Any cheerleader requesting to leave the squad before the cheerleading year is over, or who refuses to carry out his or her duties as a cheerleader, will relinquish all rights as a cheerleader.
9. Each cheerleader should exert positive leadership at all times.

Requirements of a Cheerleader

1. GRADES

- A. All cheerleaders will be governed by UIL eligibility rules involving grades. They must maintain a passing average in all subjects during the school year.
- B. Once a cheerleader has been declared ineligible because of grades he/she may not be reinstated until the 4th week reporting period of the nine-week period. At this time, she will have to be passing ALL subjects, including the one in which she was declared ineligible.
- C. Once a cheerleader has been declared grade ineligible for the second time, she will be removed from the squad for the remainder of the school year.

Rules and Regulations of a Cheerleader

- 1. All cheerleaders are responsible for planning spirit events and to help motivate everyone to become involved in the spirit process. All cheerleaders are responsible for helping with projects and fund raisers.
- 2. Each student and parent or guardian must read the constitution and sign the attached form and return it to the sponsor. Parent or Guardian and student are required to attend a meeting to reinforce the constitution.
- 3. Cheerleaders may also be involved in other activities not prohibited by other parts of this constitution, but need to avoid schedule conflicts. The rigorous routine of being in too many activities may prevent the cheerleader from contributing her fair share to the squad.
- 4. Cheerleaders must conform to the Yantis School Student Code of Conduct, YISD policies, YHS Athletic Handbook, and YISD Cheer Constitution. Each cheerleader is expected to:
 - Demonstrate courtesy, even when others do not.
 - Behave in a responsible manner, always exercising self-discipline.
 - Attend all classes, regularly and on time.

Prepare for each class; take appropriate materials and assignments to class.

Meet district and campus standards of grooming and dress.

Obey all campus and classroom rules.

Respect the rights and privileges of students, teachers, and other district staff and volunteers.

Respect the property of others, including district property and facilities.

Cooperate with and assist the school staff in maintaining safety, order, and discipline.

Adhere to the requirements of the Student Code of Conduct.

Cheerleaders must avoid frequent tardiness or referrals to the office for disciplinary reasons. Persistent disciplinary problems will result in dismissal from squad.

The expectation of students who represent Yantis in a performance capacity is that they will conduct themselves in a manner which reflects positively on their school as well as the cheer squad.

Appearance

1. Appropriate dress and grooming are expected at school and school activities, along with a clean neat uniform.
2. Hair out of face and off shoulders.
3. No extreme makeup, jewelry, watches, gum or body piercings (visible).

Uniforms

1. Uniforms are required for all cheerleaders.
2. All uniforms must be paid in full before they will be ordered. NO EXCEPTIONS!
3. Uniforms must be clean for every performance.
4. Uniforms should only be worn during official school functions.

Basketball Season

1. Every cheerleader will be required to attend all home games.
2. Every cheerleader will be required to know all cheers and chants before the first game. If it is determined by the cheer sponsor that a cheerleader does not know a cheer or chant prior to the game that cheerleader will NOT cheer.
3. Cheerleaders will be informed at the practice prior to a game as to:
 - A. Proper accessories for the game.

Practices

1. Cheerleaders must attend ALL scheduled practice sessions. These sessions will be determined by the sponsor.
2. Cheerleaders are expected to always be on time for all practices.
3. For safety reasons, cheerleaders are required to wear all hair up, and NO jewelry.
4. If a cheerleader misses a practice that cheerleader will meet with the sponsor and it will then be determined as to whether the member will receive a demerit.
5. Water breaks will be given during practice.

Conduct (during games, school functions, and in uniform)

1. Violations of code of conduct level 3 offenses will result in dismissal from squad.
2. Gum chewing WILL NOT BE ALLOWED when cheering.
3. No food or drinks will be allowed in the cheering area during cheer times. Any exception to this rule will be made by the advisor.

Specific Rules

1. Squad members will be excused from an appearance or practice only in the following cases:
 - A. Illness with a note from the doctor or parent.
 - B. Medical emergency with a doctor's note.
 - C. Death in the family.
 - D. Other reasons must be appealed to the sponsor or the Principal.

2. All cheerleaders may be responsible for other activities during the school year such as Homecoming, Pep Rally's and any other activities that may arise during the year.
3. Discipline will be handled on a DEMERIT SYSTEM. One or more demerits will be assigned by the sponsor as appropriate. Accumulation of four demerits will result in permanent removal from the squad.

Demerits

One demerit may be assigned for the following:

One Demerit Offenses:

1. Coming to a game, practice, or pep rally unprepared. Example: Missing pom poms or part of uniform.
2. Being late to a practice or a game.
3. Socializing during assigned cheer times.
4. Returning late from break during the games.
5. Failing to participate in planned activities.
6. Chewing gum or eating during cheer time.
7. Leaving the cheering area without permission from the coach.
8. Not dressing appropriately for practice (cheer shoes/tennis shoes, shorts, t-shirt. No loose shirts, jeans, skimpy dress, flip flops, bare or stocking feet, etc.)
9. Not cooperating and/or being disrespectful to other squad members or advisor.
10. Leaving behind any part of uniform, equipment, personal belongings, or trash.
11. Failure to carry out assigned responsibility.

Consequences: 1 demerit, cheerleader will sit out pep rally

Two demerits may be assigned for the following:

Two Demerit Offenses:

1. Being over 15 minutes late to a practice or a game.
2. Any violation of a Level 1 rule in the Student Handbook.
3. Any unexcused absence from school on practice day or game day.

Consequences: 2 demerits cheerleader will be benched from half of next game.

Three demerits may be assigned for the following:

Three Demerit Offenses:

1. Missing practice or a game without prior approval or adequate reason.
2. If assigned detention, ISS, or OSS, the student will not be allowed to participate on practice or game day.

Consequences: Three demerits will constitute being benched during the next game. Cheerleader will be dressed out and will sit with coach.

1. A benched cheerleader shall attend the home game in uniform and shall sit with the advisor. If the game is away, the cheerleader will not attend.
2. Any cheerleader, who cannot cheer due to injury or illness, shall sit in the area where other members are cheering and support the squad as much as they are able.

FOUR DEMERITS WILL RESULT IN REMOVAL FROM THE SQUAD.

ASSIGNMENT TO ALTERNATIVE SCHOOL CONSTITUTES DISMISSAL FROM THE SQUAD.

This cheer constitution is subject to change pending approval from administration. Cheerleaders will be notified in writing of any changes.

ACKNOWLEDGMENT

Being the parent or guardian of

(Student's name, please print)

I have read the regulations set forth
In the
Yantis ISD High School and Middle School Cheerleading and
Mascot Constitution
And agree to abide by them.

(Signature of parent or guardian)

(Date)

ACKNOWLEDGMENT

Being the student of Yantis ISD

(Student's name, please print)

I have read the regulations set forth
In the
Yantis ISD High School and Middle School Cheerleading and
Mascot Constitution
And agree to abide by them.

(Signature of student)

(Date)